

Fast & Furriest 10K
Saturday, June 12th, 2010 Rochester, NY
Timed by YellowJacket Racing

Total Finishers 199

Pos	Bib	Fullname	Gender	Age	City	Time
Overall Male						
	1	149 Matt Roberts	M	25	Henrietta	0:36:49
	2	173 Phil Nesbitt	M	23		0:36:57
	3	141 Jason Ross	M	38	Macedon	0:38:09
Overall Female						
	1	189 Tishae Griffin	F	12		0:43:22
	2	188 Alexsia Peters	F	10		0:43:45
	3	42 Holly Kuzmiak-Ngiam	F	28	Rochester	0:43:45
Masters Male						
	1	182 Kevin Sheehan	M	48		0:38:53
	2	132 Michael Brown	M	45	Pittsford	0:41:03
	3	26 George Fawcett	M	49	Rochester	0:41:17
Masters Female						
	1	144 Kristine Mallory	F	44	Wilten	0:45:47
	2	152 Pam Johnson	F	48		0:48:14
	3	164 JoAnne Bradt	F	46		0:48:21
F15-19						
	1	160 Celia Salisbury	F	16		0:53:18
	2	159 Abby Williams	F	15		0:53:30
	3	204 Megan Cackett	F	16		0:53:44
	4	162 Jessica Lipari	F	15		0:53:54
	5	124 Rochelle Mont	F	19	Rochester	1:03:05
	6	161 Megan Dunn	F	15		1:09:20
F20-24						
	1	216 Laura Anderson	F	22		0:45:09
	2	58 Rachel Noel	F	21	Hamlin	0:46:08
	3	11 Jacqueline Borcyk	F	22	Rochester	0:47:18
	4	198 Shannon Meehan	F	23		0:48:28
	5	105 Susan Carr	F	21	Rochester	0:50:27
	6	61 Lisa Palmieri	F	23	Rochester	0:55:48
	7	60 Keri Pahls	F	20	Rochester	0:57:38
	8	19 Caitlin Cooley	F	21	Kent	1:00:36
	9	125 Lisa Sampsell	F	23	Rochester	1:03:05
	10	75 Lauren Sparrazza	F	22	Penfield	1:04:01
	11	34 Sarah Glantz	F	24	Rochester	1:14:00
F25-29						
	1	82 Mary Vosburgh	F	26	Rochester	0:47:24
	2	157 Ashlie Bonadonna	F	25		0:47:58
	3	53 Melissa Monahan	F	27	Rochester	0:49:07
	4	38 Rebecca Johnson	F	25	Rochester	0:49:35

5	46 Kristen Love	F	28	Pittsford	0:50:55
6	170 Janelle Sedlack	F	25		0:51:32
7	113 Patricia Reeder	F	27	Rochester	0:52:46
8	49 Jamie Melos	F	29	Rochester	0:55:38
9	36 Igna Grote	F	26	Pittsford	0:55:55
10	191 Alisa Parmiter	F	27		0:56:40
11	201 Kelly Lincoln	F	25		0:56:59
12	209 Emily Lewis	F	29		0:56:59
13	112 Emily Iannello	F	25	Ontario	0:59:46
14	111 Kaley Ostanek	F	26	Rochester	0:59:46
15	98 Julie Damdar	F	27	Rochester	1:03:20
16	73 Crystal Silsby	F	26	Rush	1:13:19

F30-34

1	142 Karlyn Alvarado	F	33	Rochester	0:48:07
2	33 Kristi Gaylord	F	34	Rochester	0:50:41
3	80 Susan Thomas	F	34	Fairport	0:52:19
4	27 MaryBeth Foote	F	30	Fairport	0:55:09
5	169 Emily Rowe	F	32		0:56:33
6	51 Jaime Miller	F	31	Rochester	0:56:58
7	208 Jamie Martin	F	33		0:57:48
8	104 Kathee Tyo	F	33	Rochester	0:57:53
9	93 Alicia Natale	F	33	Churchville	1:03:10
10	177 Hollie Lynch	F	34		1:03:43
11	86 Emily Wolf	F	32	Dansville	1:03:52
12	193 Rachel Deblieck	F	33		1:03:53
13	117 Jen Ross	F	34	New York	1:04:53
14	63 Janet Pitt	F	31	Rochester	1:04:55
15	57 Laura Murdock	F	31	Rochester	1:05:16
16	94 Kim Gillis	F	34	Rochester	1:07:36
17	88 Kelly Wyatt	F	33	Waterloo	1:15:32

F35-39

1	2 Wendy Abbott	F	36	Rochester	0:48:06
2	79 Susan Thoen	F	39	Penfield	0:49:10
3	210 Amy Zicarelli	F	37		0:53:19
4	72 Christine Sibilio	F	36	Rochester	0:55:16
5	69 Marilee Sercu	F	38	Pittsford	0:56:17
6	5 Elizabeth Baroody-Soloi	F	35	Rochester	0:56:36
7	114 Joan Entwistle	F	39	Rochester	0:58:13
8	32 Karen Gartley	F	37	Victor	0:58:47
9	95 Amber Cone	F	35	Penfield	1:04:49
10	134 Linda Kausch	F	38	Rochester	1:05:09

F40-44

1	131 Kerri Brown	F	41	Pittsford	0:50:47
2	211 Pepper Zicarelli	F	40		0:53:18
3	48 Christina McLyman	F	42	Rochester	0:54:51
4	202 Lucy Milliken	F	42		0:55:48
5	102 April Jefferson	F	41	Churchville	0:56:20
6	119 Kyra Mancine	F	43	W. Henrietta	0:57:43
7	120 Ember Couture	F	43	Rochester	0:59:10

8	78 Stefani Szalay-Domm	F	44	Rochester	0:59:24
9	137 Colleen Schofield	F	41	Rochester	0:59:53
10	176 Erin Eder	F	40		1:03:53
11	65 Heather Ralph	F	40	Rochester	1:03:54
12	143 Brenda M. Vigil-Trim	F	43	Rochester	1:20:32

F45-49

1	67 Kathy Reardon	F	48	Honeoye Falls	0:52:18
2	140 Sharon Outler	F	46	Rochester	0:52:38
3	163 Pam Nudd	F	49		0:54:12
4	47 Brenda Lyaski-Pierce	F	46	Webster	0:57:21
5	154 Heather Cappadonia	F	45		0:57:42
6	55 Cristina Muller	F	45	Fairport	0:57:45
7	186 Amy Steed	F	45		1:01:22
8	54 Rose Muir	F	46	Rochester	1:02:12
9	178 Chris Donohue	F	45		1:02:51
10	133 Janet Anderson-Seaqui:	F	48	Pittsford	1:13:41
11	130 Joann Campbell	F	46	Pittsford	1:21:38

F50-54

1	129 Kathleen Vosburgh	F	54	Pittsford	0:56:15
2	25 Karen Eichele	F	53	Scottsville	0:57:22
3	107 Beth Goldenberg	F	54	Rochester	1:04:25
4	185 Gretchen Stahlman	F	51		1:04:30

F55-59

1	116 Inga Rojas	F	55	Walworth	0:56:13
2	10 Jean Blance	F	59	Canandaigua	0:58:57
3	76 Lucy Sparrazza	F	55	Penfield	1:04:12
4	62 Mary Patchett	F	59	Macedon	1:13:36

F60-64

1	45 Mitzie Lewandowski	F	63	Rochester	0:58:28
2	200 Jane Mahoney	F	60		0:59:37

M14UNDER

1	16 Austin Peters	M	14		0:40:35
2	171 Scott Bagley	M	13		0:43:44
3	106 Jared Kittinger	M	11	Rochester	0:50:26
4	199 John Peters	M	14		1:01:20

M15-19

1	29 Billy Galetto	M	15	Spencerport	0:43:22
2	218 Yicheng Liang	M	17		0:47:09

M20-24

1	212 Joe Patralia	M	24		0:47:51
2	99 Jeremy Hadley	M	24	Marion	0:52:54
3	21 Benjamin Dates	M	21	Martville	0:54:19
4	183 Alex Breuilly	M	22		1:00:36

M25-29

1	190 Liam OBoyle	M	26		0:45:51
2	128 Richard Adams	M	26	Rochester	0:46:26
3	197 Tim Meehan	M	26		0:47:03
4	23 Matthew Doell	M	28	Rochester	0:48:02
5	22 Joel Davis	M	29	Rochester	0:48:58
6	121 Corey Andalora	M	29	West Henrietta	0:50:15
7	20 Michael Crosnicker	M	29	West Henrietta	0:51:14
8	59 Hiro Oba	M	28	Rochester	0:52:26
9	52 Kevin Miller	M	28	Rochester	0:55:04
10	215 Jeff Ludwis	M	28		0:59:04
11	192 Matthew Erbland	M	29		1:04:40
12	101 David Adams	M	28	Rochester	1:12:39

M30-34

1	24 Paul Dolan	M	32	New Millford	0:38:24
2	90 Antoni Izquierdo	M	32	Rochester	0:40:01
3	187 Michael Collins	M	34		0:40:38
4	146 Erik Mart	M	33	N. Syracuse	0:43:04
5	100 John Barsic	M	33	Rochester	0:47:51
6	138 Joe Kontur	M	30	Webster	0:47:56
7	12 Joseph Boyd	M	32	Rochester	0:49:00
8	7 Scott Bell	M	32	Rochester	0:52:32
9	15 Michael Burns	M	33	Rochester	0:54:47
10	110 Jason Foe	M	31	Fairport	0:58:05
11	37 Michael Guy	M	32	Rochester	0:58:08
12	135 David Everson	M	31	Rochester	1:01:52
13	68 John Reimann	M	30	Rush	1:13:19
14	108 Baxley Speed	M	34	E. Rochester	1:14:08

M35-39

1	180 Joe Dumphy	M	35		0:43:37
2	196 Daniel Homer	M	35		0:44:00
3	91 Brian Beha	M	37	Rochester	0:45:36
4	145 Shawn Nedwidek	M	35	Rochester	0:46:26
5	147 Dan Campbell	M	38	Penfield	0:50:00
6	194 Paul Kessler	M	39		0:50:50
7	28 Brian Ford	M	38	Webster	0:51:55
8	207 Matthew Daneman	M	39		0:56:30
9	109 Brannon Fay	M	35	Rochester	0:58:05
10	118 Doug Boyd	M	38	Rochester	0:58:53
11	179 Jason Peterson	M	35		1:00:16
12	50 Kevin Mialky	M	38	Dansville	1:03:53
13	66 Steven Ralph	M	39	Rochester	1:14:27

M40-44

1	220 John Brind'amour	M	43		0:41:13
2	43 Steven Levitsky	M	43	Rochester	0:42:52
3	96 James Whorton	M	42	Rochester	0:46:49
4	17 Andrew Ciaio	M	44	Victor	0:46:59
5	214 Larry Hoffman	M	42		0:47:03
6	195 David Coene	M	40		0:49:55
7	136 Mike Mazanec	M	42	Rochester	0:51:12

8	168	Michael Jabaal	M	40		0:52:00
9	3	Sebold Torno	M	41		0:52:58
10	158	Mark Baker	M	41		0:53:27
11	77	David Spoto	M	43	Penfield	0:53:56
12	56	John Muller	M	42	Fairport	0:59:11
13	70	David Shipmon	M	41	Rochester	1:05:18

M45-49

1	203	Steve Cackett	M	46		0:42:23
2	155	Russ Herman	M	48		0:43:37
3	151	Alan Roome	M	46		0:47:16
4	97	Jim Reber	M	49	Penfield	0:50:34
5	18	Michael Connolly	M	48	Rochester	0:51:32
6	4	Brian Andrews	M	45	Fairport	0:52:25
7	14	Albert Burke	M	45	Rochester	0:53:35
8	181	Thomas Collins	M	45		0:54:21
9	103	William Lerkins	M	49	Rochester	0:59:39
10	174	Gregory DeTamble	M	48		1:01:22

M50-54

1	175	Dick Moriarty	M	53		0:42:09
2	150	Tom Jerris	M	52		0:44:52
3	148	Bob Merberg	M	50	Fairport	0:51:25
4	166	Bart Power	M	54		0:52:44
5	165	Tom Hawkins	M	52		0:52:55
6	184	Stephen Wallace	M	53		0:53:37
7	84	Douglas Watts	M	53	Rochester	0:56:24
8	115	Marin Duffy	M	53	Pittsford	0:56:34
9	8	John Bisognano	M	50	Pittsford	1:21:00

M55-59

1	6	Mark Barry	M	57	Rochester	0:42:04
2	156	Jim Kerr	M	55		0:46:38
3	172	Bill Beyerbach	M	55		0:49:03
4	83	Paul Vosburgh	M	56	Pittsford	0:52:38
5	35	Hubertus Grote	M	59	Pittsford	0:55:56
6	30	Donald L. Galetto	M	57	Spencerport	0:58:21
7	71	Michael Shortley	M	55	Fairport	0:59:03

M60-64

1	153	Rick Erb	M	62		0:46:01
2	9	Ed Blance	M	62	Canandaigua	0:53:18

M65-69

1	81	Bob Volk	M	65	Port Gibson	1:02:00
2	167	Bob Carafice	M	66		1:09:33
3	44	Dick Lewandowski	M	65	Rochester	1:15:31

M70OVER

1	74	Al Smith	M	72	Rochester	1:03:49
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